

Choose premium comfort

Ultra-comfortable, air-sprung  
mattresses by CAIRONA<sup>®</sup>

# Realize the value of your mattress!

Each person is unique: the body type is individual, e.g., broader shoulders, a hollow back, a low or high body weight. **Everyone needs a mattress tailored to his or her needs.** A CAIRONA®.

The CAIRONA® mattress from Stendebach & Co gives you a restful sleep. Thanks to its modular design and variable air cushioning, it is suitable for almost everyone.

## CAIRONA® – PERFECT SLEEP WITH AIR SPRINGING

- The CAIRONA® mattresses by Stendebach & Co can be **adapted** exactly **to the personal requirements of the sleeper** thanks to its **modular air-cushioning structure**. Always the right decision: A modular, air-springing CAIRONA® mattress.
- The variable air cushioning of a CAIRONA® **ensures an ergonomically correct sleeping position**. Thanks to the automatic body adjustment, the spine is optimally bedded, and the back muscles can relax.
- The **modular design** allows **adaptation to individual requirements**, and components can be changed at any time.
- The air core system allows an exemplary pressure distribution. Lying on a CAIRONA® is perceived as **almost free of pressure points**.
- The **degree of hardness** of a CAIRONA® can **easily be individually adjusted**, using the remote control. The stability and the ergonomically correct lying position are maintained regardless of the selected degree of hardness.
- Constant blood circulation and body relief extend the deep sleep phase and thus **improve recovery time and quality**.
- **Handling a CAIRONA® is simple and maintenance-free**.
- A CAIRONA® automatically **adapts to physical changes** - such as pregnancy or weight changes - by adjusting the degree of hardness.
- A CAIRONA® is also **ideally suited for allergy sufferers**.

  
CAIRONA®  
Air-sprung mattresses by STENDEBACH



## The challenge of a perfect mattress

# Tensions and back pain can be prevented.

**The ergonomically correct position during sleep is very important** to ensure optimal body and mind regeneration, and a perfect activity of all organic and mental processes during sleep. The body should be in a natural and relaxed position.



If the **sleeping pad is too hard**, the spine bends. **The intervertebral discs are stressed**. Tense muscles result in tension and **back pain**. The inelastic pad creates pressure points, the tissue is squeezed off, and the blood supply is interrupted. The consequences are often restless sleep or falling asleep of the limbs. **Pressure points on the shoulders and buttocks** cause shoulder, neck or headaches as well as hip pain.



**A mattress that is too soft** has similar effects to a mattress that is too hard: **The spine bends**, and the pressure in the shoulder area is increased by shifting the body's center of gravity. This results in sleep disturbances similar to a mattress that is too hard.

CORRECT: CAIRONA® MATTRESSES



**The spine lies straight**, and the **back muscles can relax**. The intervertebral discs are relieved and can regenerate. The hip and shoulder area of the mattresses give way. The pressure on the extremities is reduced, and relief of the body is possible. The **body tissue is well supplied** with blood and nutrient fluid.

**IGR** Institut  
für Gesundheit  
und Ergonomie

CAIRONA® is recommended by the **German Institute for Health and Ergonomics** for its many benefits in the prevention and relief of back pain. CAIRONA® is particularly suitable for people with back pain. More than 1,200 physicians, back school teachers, sports teachers, physiotherapists, and rehabilitation centers are members of the German Institute for Health and Ergonomics.



# Perfect technology for individual sleeping comfort

The CAIRONA® mattress has many adjustment possibilities to your individual requirements and can be changed at any time. You can choose between these components: 2 air cores, 3 paddings, and 2 textile covers.

## TEXTILE COVERS



**TENCEL®** – cellulose premium fiber, fast moisture transport and natural micro-climate, minimizes allergen exposure.



**Ventilator** – excellent air circulation and fast moisture transport.

## PADDING



**MZK** – high-quality cold foam with multi-zone cut, fast moisture transfer, high material density for resilience and durability.



**ViscoQuad** – high-quality, breathable and visco-elastic foam with quad cut, nearly „weightless“ sleeping experience, ideal for pressure-sensitive people.



**G-Cozy** – an elastic, gel-like foam. Reduces the pressure point when lying down, temperature-regulating properties and enormous breathability.

## AIR CORE



**Clair** – gentle cushioning during movement



**SoftSwing** – stable resting experience due to integrated vibration dampers. Ideally suited for higher body weights as well, reinforced shoulder lowering of the system.

## CAIRONA®

The high-class manufacturing of CAIRONA® mattresses is not only evident in the modern single-needle quilting of the top panel, but also in the framing 3D-Klima-ribbon in the upholstering-zone as well as the contemporary quilting-border made of exclusive, light gray upholstery fabric.

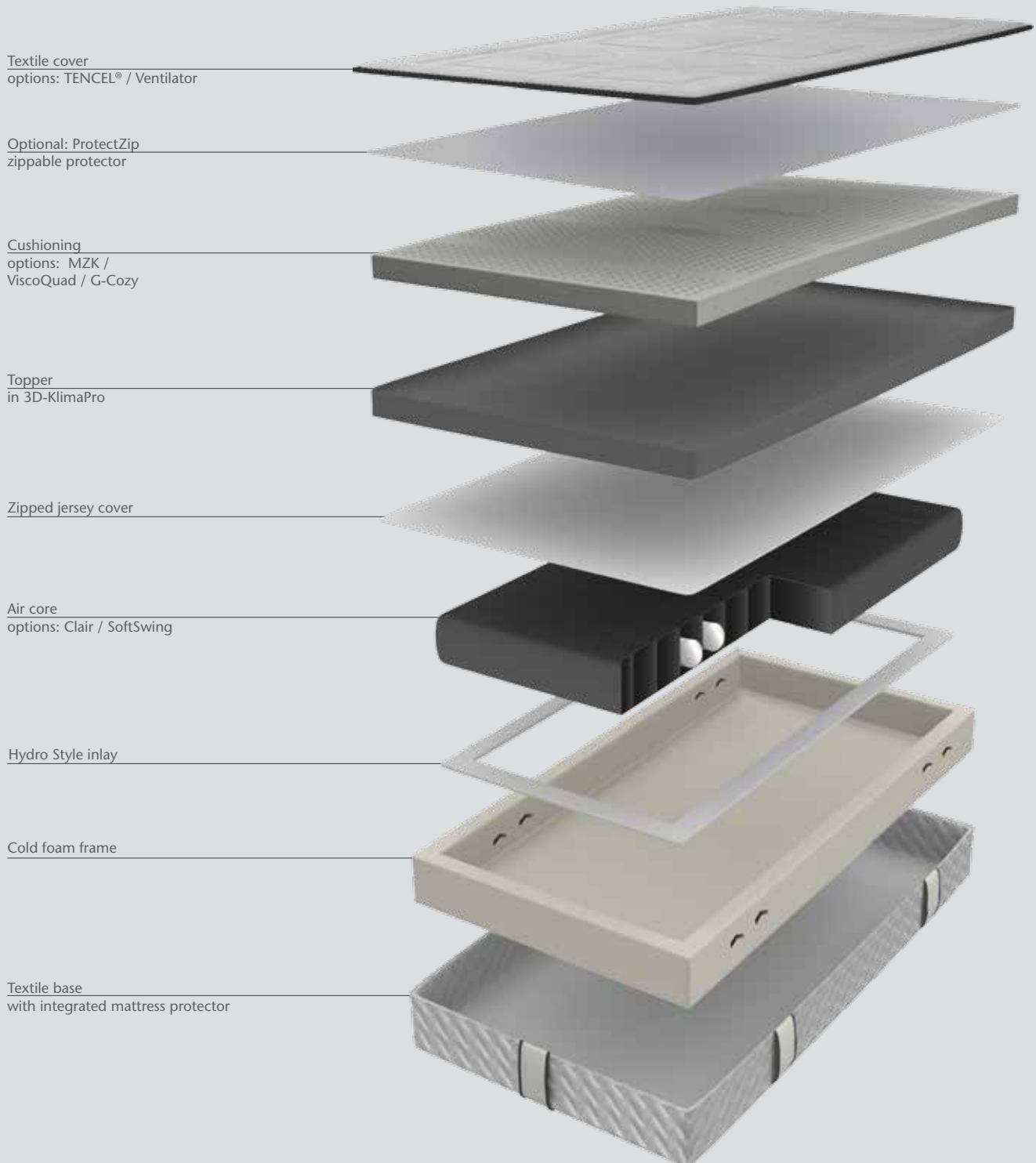


## CAIRONA® MASSAGE UNIT

The vibration massage provides a better blood circulation and a vitalizing oxygen supply. You can select the massage program and intensity by remote control.

CAIRONA<sup>®</sup>, the variable mattress. Whether firm or soft, whether warm or cool, comfortable sleep is a matter of setting at CAIRONA<sup>®</sup>.

The unique modular design enables individual solutions and additions as well as the exchange of components in the event of subsequent changes in requirements.



# Sleeping comfort is so simple!

Whether firm or soft, whether warm or cool, comfortable sleep is a matter of setting at CAIRONA<sup>®</sup>.



- The CAIRONA<sup>®</sup> mattress from STENDEBACH can be adapted precisely to the sleeper's personal requirements thanks to its modular air-sprung structure.
- The degree of hardness of a CAIRONA<sup>®</sup> can be individually adjusted very easily by remote control. The stability and the ergonomically correct lying position are maintained regardless of the selected degree of hardness.
- Constant blood circulation and body relief increase the deep sleep phase and thus improve recovery time and quality.

Well-being made easy.  
Individually adjustable  
sleeping comfort.

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[www.cairona.de](http://www.cairona.de)

CAIRONA<sup>®</sup> developed and produced by